

Create a Weekly Gratitude Jar



YarnArtsPress.com

A Gift to You From D'vorah



This Gratitude Jar Kit is a gift to you, for your personal use. I'd like to express my appreciation to you & our amazing community of writers, crocheters, content creators & success seekers.

Gratitude can be a magnet to attract more of what you want, into your life. Have fun filling your gratitude jar.

How to Use Your Gratitude Jar Kit

- Print out the labels page and add your name to a label.
- Cut out a label and tape the sides of the label to your jar.
- Place your gratitude jar where you can see it.
- Use sticky notes or print & cut out the enclosed paper slips.
- At least once a week (more often if inspired) write down something good or amazing that happened.
- Put each note into your gratitude jar.
- Next year on New Year's Eve, take out the slips and read about all the exciting things you experienced that year.



I'd love to hear from you. What are your goals for the coming year and what would you like to create or learn how to create?

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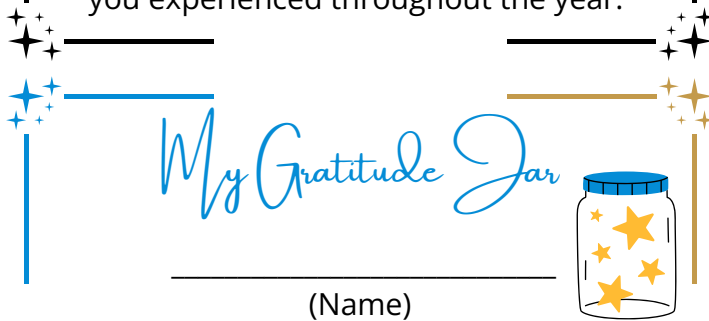
Gratitude Jar Labels



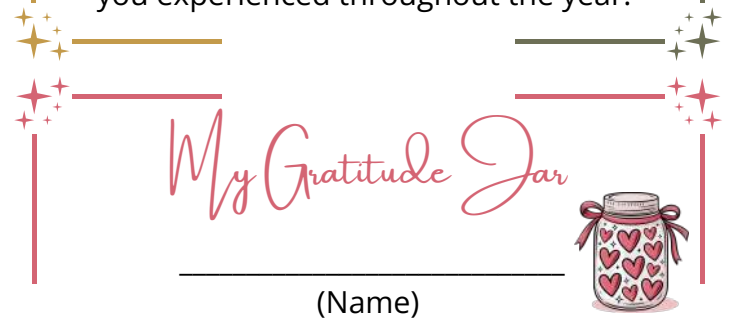
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thankful
grateful



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